

## **Astonishing facts about vitamin C (Camu-Camu)**

Pause after every point for 3-5 seconds and consider briefly what means it for you, your health and your life.

### **If you knew, that ...**

\***Vitamin C** 95% of our whole metabolism influences and gives it no illness on which natural vitamin C would not have significant, positive influence?

\*Natural vitamin C (in group with OPC) on account of that as THE most important material behind oxygen and water for us people is valid?

\*Without or with very little (<10 mg / day) vitamin C one can survive at most 7-8 weeks, then one bleeds to death internally (scurvy)?

\*People, hence, only very slowly would grow old and would hardly fall ill if they enough received natural vitamin C, as it seems in the Camu Camu fruit?

\*You can extend your his life by 20 years and according to the vitamin pope and double Nobel Prize Laureate Prof. Dr. Linus Pauling with natural vitamin C more?

\*The fact that the vitamin C offered in trade is a NO real vitamin C, even if it is declared as such?

***\*The fact that only people, to primates, guinea pigs, house pigs and bats the ability do not own vitamin C to produce?***

***\*A dog against it up to 5000 mg, a cat up to 1000 mg, a goat up to 12,000 mg on the day produces?***

\*The nature something in profit never produces and dies none of the called animals in the free hunting-ground of heart illnesses or cancer, while 50% of all people die of heart illnesses and 30% to cancer?

***\*Animals in stress situations increase their vitamin C synthesis on the from 4 to 5-fold?***

\*They would have to eat > 40 oranges or, however, 7 kg of sauerkraut daily to get demanded amount in vitamin C about the food accordingly from natural doctors and molecular biologists or, however, make use of a few mg of **Camu Camu** powder?

\*In cases of illness the vitamin C need by a multiple increases because the body uses up his vitamin C memory quickly to fight against the illness with this highly potent weapon?

\*The fact that one can test the optimum, personal vitamin C need simply himself?

\*The fact that agree the majority of the molecular researchers and vitamin expert worldwide about the fact that the need of the person lies with vitamin C 30-50 mg / kg of body weight - this corresponds with an adult with 75 kg approx. 2000-3500 mg of vitamin C / day?

\*INSTEAD: the today's officially called recommendation for the full-grown person

according to World Health Organization (WHO) and German society for food (DGE) irrational-  
wise deliberately 60-100mg per day is? (for comparison the official recommendation lies for  
a guinea pig with a body weight from 0,5kg-1,5kg with 10-30mg!)

Yours sincerely – Thomas Stefanov

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